

Update

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From: **Wakefield Elementary** wakefield@wqsb.qc.ca

To: **Julie Fram-Greig** jframgreig@wqsb.qc.ca

Good morning parents,

Just a clarification about homework. The ministry was clear that teachers do not have to provide any work to students over the next two weeks and that parents should not be contacting teachers about work. However, some teachers have sent home some suggested work and activities, just to give you something to do over this next few weeks. It is not mandatory, these are just suggestions.

LEARN Quebec is a good resource for curriculum related materials as well as online tutoring services. Please see their website for more information: <https://www.learnquebec.ca/home>

As well, if you know anyone who is in the health care system, please let them know that the daycare is open for them. They can call the school for more information, but it is a free service, open to anyone with children ages 4-13 who are working in the health care system, including pharmacies, emergency services, clinics. They do not have to be enrolled at our school to participate.

Here is the link for emergency daycares:

<https://www.quebec.ca/famille-et-soutien-aux-personnes/services-de-garde-durgence/services-garde-urgence-milieu-scolaire/>

Lastly, here is some information from the Neufeld Institute (attachment theory) about parenting in difficult times, might be reassuring for you to read.

Excerpt:

Children, especially in situations like this, instinctively look to their parents to see if they need to worry. They know that what is happening is not good, but what they need to know is, "Will you still be there to take care of me? And so we need to give our children a message of hope, even when we do not feel very hopeful or very sure about what will happen. This can make us feel uncomfortable, as we usually try to be honest with our children. But without this reassurance our children will be at a loss. They need us to take the lead, otherwise they will take the burden on their shoulders.

[Part I: How to be Your Child's "Best Bet"](#)

[Part II: Holding On During the Rebound](#)

Please continue to be safe and vigilant, enjoy your bonus family time and get some fresh air. Be well.

Julie

Julie Fram Greig

Principal

Wakefield Elementary School

~Inspiring Learners to Succeed

